

Camino Contemplative RESOURCES

Contemplative Practices (Books)

Bourgeault, Cynthia; *The Heart of Centering Prayer, Nondual Christianity in Theory and Practice*. 2016

Finley, James; *Christian Meditation, Experiencing the Presence of God A Guide to Contemplation*. 2005

Harris, Sam; *Waking Up, A Guide to Spirituality Without Religion*

Laird, Martin; *Into the Silent Land, A Guide to the Christian Practice of Contemplation*. 2006

Nataraja, Kim, editor; *Journey to the Heart, Christian Contemplation through the Centuries*. 2011

Contemplative Practices (Apps)

Centering Prayer app
<https://www.contemplativeoutreach.org/centering-prayer-mobile-app>

Harris, Sam; *The Waking Up Course*
<https://app-v3.wakingup.com/>

Camino (Books)

Brierley, John; *Camino de Santiago, The Way of St. James*
Brierley, John; *Camino de Santiago, Maps (only)* (Included in your travel packet)

There are so many wonderful books and blogs and forums on the Camino.
May the right resources for you, find you - and vice versa.